

Getting lost is scary and can be dangerous. Especially for someone living with dementia, autism, or other developmental disabilities.

Ask yourself: Could your loved one communicate their name and address if they were lost?

If the answer is no, or may change at some point, consider enrolling in the Take Me Home program.

The Take Me Home program is a safety net for the future, so you can have peace of mind today. Here's how:

- Simply register online at www.sdsheriff.net/tmh
- Submit a photo, basic information and who to contact – and you're done!

This information is confidential, and can only be accessed by law enforcement in an emergency.

When someone is lost, every second counts. Take 5 minutes today to help prevent future tragedy.



Partnering Agencies

You can also sign up for the Take Me Home program through our partners.

Alzheimer's San Diego

858.492.4400
6632 Convoy Court
San Diego, CA 92111
www.alzsd.org

Autism Society of San Diego

858.715.0678
4699 Murphy Canyon Rd
San Diego, CA 92123
www.autismsocietysandiego.org

San Diego Regional Center

858.576.2966
4335 Ruffin Rd, Suite 200
San Diego, CA 92123
www.sdrc.org

ARC of San Diego

619.685.1175
3030 Market Street
San Diego, CA 92102
www.arc-sd.com



www.sdsheriff.net/tmh

Created by the San Diego County Sheriff's Department for local law enforcement agencies.



Helping at-risk San Diegans get home safely.



Register for FREE:
www.sdsheriff.net/tmh

FAQs

What is the Take Me Home Program?

The registry gives law enforcement quick access to critical information about a registered person with disabilities in case of an emergency.

Who is eligible?

All members of the community with a cognitive impairment or disability that may affect their ability to communicate.

What should I do if my loved one goes missing?

Call 911 immediately and explain that your loved one has dementia or another disability. If they are enrolled in Take Me Home, be sure to let the dispatcher know that as well.

How will this help?

Information about their physical appearance, the most likely places they would go, as well as triggers and de-escalation techniques will be sent to all law enforcement in the area to look for the missing person.

What is Wandering?

Wandering is an unpredictable event that occurs when someone with dementia or a developmental disability leaves a safe place or becomes lost. This can occur even in familiar places like your home or neighborhood.

When someone wanders, they may be:

- Searching for familiarity, especially if they have moved to a new environment like a memory care facility or new school
- Escaping stress, anxiety, or sensory overload such as multiple conversations, a loud television, or visitors in the home
- Reliving routines from the past like going to or from work, picking up children, etc.
- Self-soothing to make up for restlessness or boredom
- Potentially reacting to physical discomfort



How Can I Prevent Wandering?



Be prepared. Inform neighbors or local businesses and make sure your loved one carries identification.



Make the home a safe place. Consider installing motion sensor alarms or a chime that signals open doors, check to make sure your locks/windows are secure, and remove items that suggest leaving from near the door (such as shoes, keys, purses).



Identify potential triggers. Is it boredom, discomfort, hunger?



Increase physical activity. Try to provide a safe place for them to walk and explore, such as a path through a house or trail through a fenced backyard.



Learn more & register: www.sdsheriff.net/tmh